Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

blue 👽 of california

Full PPO Savings Embedded Deductible 3200/5200

Coverage Period: Beginning On or After 1/1/2024

Coverage for: Individual + Family | Plan Type: PSP

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit

www.bscabook.com/M0035073_EOC.pdf or call **1-888-256-1915**. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>healthcare.gov/sbc-glossary</u> or call **1-866-444-3272** to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$3,200 per individual / \$5,200 per family for <u>participating providers</u> and <u>non-participating providers</u> .	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> and services listed in your complete terms of coverage.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>healthcare.gov/coverage/preventive-care-benefits</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$5,500 per individual / \$11,000 per family for <u>participating providers;</u> \$10,000 per individual / \$20,000 per family for <u>non-participating providers</u> .	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Copayments</u> for certain services, <u>premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>blueshieldca.com/fad</u> or call 1-888-256-1915 for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.					
Common Medical Event	Services You May Need	What You Will PayParticipating Provider (You will pay the least)Non-Participating Provider (You will pay the most)		Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	20% coinsurance	40% coinsurance	None	
If you visit a health	<u>Specialist</u> visit	20% coinsurance	40% coinsurance		
care <u>provider's</u> office or clinic	Preventive care/screening /immunization	No Charge; <u>deductible</u> does not apply	Not Covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Lab & Path: 20% <u>coinsurance</u> X-Ray & Imaging: 20% <u>coinsurance</u> Other Diagnostic Examination: 20% <u>coinsurance</u>	Lab & Path: 40% <u>coinsurance</u> X-Ray & Imaging: 40% <u>coinsurance</u> Other Diagnostic Examination: 40% <u>coinsurance</u>	The services listed are at a freestanding location.	
	Imaging (CT/PET scans, MRIs)	<i>Outpatient Radiology Center:</i> 20% <u>coinsurance</u> <i>Outpatient Hospital:</i> \$100/visit + 20% <u>coinsurance</u>	Outpatient Radiology Center: 40% <u>coinsurance</u> Outpatient Hospital: 40% <u>coinsurance</u> subject to a benefit maximum of \$350/day	Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits.	
If you need drugs to treat your illness or condition	Tier 1	<i>Retail</i> : \$10/prescription <i>Mail Service</i> : \$20/prescription	Retail: 25% <u>coinsurance</u> + \$10/prescription <i>Mail Service</i> : Not Covered	Preauthorization is required for select drugs. Failure to obtain preauthorization may result in non-	
More information about prescription drug	Tier 2	<i>Retail</i> : \$25/prescription <i>Mail Service</i> : \$50/prescription	Retail: 25% <u>coinsurance</u> + \$25/prescription <i>Mail Service</i> : Not Covered	payment of benefits. <i>Retail</i> : Covers up to a 30-day supply; 90-days may be covered with a	
<u>coverage</u> is available at <u>blueshieldca.com/</u> <u>formulary</u>	Tier 3	<i>Retail</i> : \$40/prescription <i>Mail Service</i> : \$80/prescription	Retail: 25% <u>coinsurance</u> + \$40/prescription <i>Mail Service</i> : Not Covered	copayment for each 30-day supply; <i>Mail Service</i> : Covers up to a 90-day supply.	

Common Medical		What You	Limitations, Exceptions, & Other	
Event			<u>Non-Participating Provider</u> (You will pay the most)	Important Information
	Tier 4	Retail and Network Specialty Pharmacies: 30% coinsurance up to \$250/prescription Mail Service: 30% coinsurance up to \$500/prescription	<i>Retail</i> : 30% <u>coinsurance</u> up to \$250/prescription + 25% of purchase price <i>Mail Service</i> : Not Covered	Preauthorization is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits. <i>Retail and Network Specialty</i> <i>Pharmacies</i> : Covers up to a 30-day supply; Specialty drugs must be obtained at a Network Specialty Pharmacy. <i>Mail Service</i> : Covers up to a 90-day supply.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Ambulatory Surgery Center: 10% <u>coinsurance</u> Outpatient Hospital: 20% <u>coinsurance</u>	Ambulatory Surgery Center: 40% <u>coinsurance</u> subject to a benefit maximum of \$350/day <i>Outpatient Hospital</i> : 40% <u>coinsurance</u> subject to a benefit maximum of \$350/day	None
If you need immediate	Physician/surgeon fees Emergency room care	20% <u>coinsurance</u> <i>Facility Fee</i> : \$150/visit + 20% <u>coinsurance</u> <i>Physician Fee</i> : 20% <u>coinsurance</u>	40% <u>coinsurance</u> <i>Facility Fee</i> : \$150/visit + 20% <u>coinsurance</u> <i>Physician Fee</i> : 20% <u>coinsurance</u>	None
medical attention	Emergency medical transportation	20% <u>coinsurance</u>	20% <u>coinsurance</u>	This payment is for emergency or authorized transport.
	<u>Urgent care</u>	20% coinsurance	40% coinsurance	None
lf you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	40% <u>coinsurance</u> subject to a benefit maximum of \$600/day	Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits.
	Physician/surgeon fees	20% coinsurance	40% coinsurance	None

Common Medical		What You	Limitations, Exceptions, & Other Important Information		
Event					Non-Participating Provider (You will pay the most)
If you need mental	Outpatient services	(You will pay the least) Office Visit: 20% coinsurance Other Outpatient Services: 20% coinsurance Partial Hospitalization: 20% coinsurance Psychological Testing: 20% coinsurance	Office Visit: 40% <u>coinsurance</u> Other Outpatient Services: 40% <u>coinsurance</u> Partial Hospitalization: 40% <u>coinsurance</u> subject to a benefit maximum of \$350/day Psychological Testing: 40% <u>coinsurance</u>	<u>Preauthorization</u> is required except for office visits and office-based opioid treatment. Failure to obtain <u>preauthorization</u> may result in non- payment of benefits.	
health, behavioral health, or substance abuse services	Inpatient services	Physician Inpatient Services: No Charge Hospital Services: 20% <u>coinsurance</u> Residential Care: 20% <u>coinsurance</u>	Physician Inpatient Services: 40% <u>coinsurance</u> Hospital Services: 40% <u>coinsurance</u> subject to a benefit maximum of \$600/day Residential Care: 40% <u>coinsurance</u> subject to a benefit maximum of \$600/day	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.	
	Office visits	20% coinsurance	40% coinsurance		
lf you are pregnant	Childbirth/delivery professional services	20% coinsurance	40% coinsurance	None	
if you are pregnant	Childbirth/delivery facility services	20% coinsurance	40% <u>coinsurance</u> subject to a benefit maximum of \$600/day	INUIIE	
If you need help recovering or have other special health needs	Home health care	20% <u>coinsurance</u>	Not Covered	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits. Coverage limited to 100 visits per member per Calendar Year.	
	Rehabilitation services	Office Visit: 20% <u>coinsurance</u> Outpatient Hospital: 20% <u>coinsurance</u>	Office Visit: 40% <u>coinsurance</u> Outpatient Hospital: 40% <u>coinsurance</u> subject to a benefit maximum of \$350/day	None	

* For more information about limitations and exceptions, see the plan or policy document at www.bscabook.com/M0035073_EOC.pdf.

Common Medical	Services You May Need	What You	Limitations, Exceptions, & Other	
Event		Participating Provider	Non-Participating Provider	Important Information
		(You will pay the least)	(You will pay the most)	
		Office Visit: 20% esinguranee	Office Visit: 40% coinsurance Outpatient Hospital: 40%	
	Habilitation services	Office Visit: 20% <u>coinsurance</u> Outpatient Hospital: 20%	<u>coinsurance</u> subject to a	
	Trabilitation services	coinsurance	benefit maximum of	
			\$350/day	
			Freestanding SNF: 40%	Preauthorization is required. Failure to
		Freestanding SNF: 20%	coinsurance Hospital-based SNF: 40%	obtain preauthorization may result in
	Skilled nursing care	coinsurance Hospital-based SNF: 20%	coinsurance subject to a	non-payment of benefits. Coverage
		coinsurance	benefit maximum of	limited to 100 days per member per
			\$600/day	benefit period.
				Preauthorization is required. Failure to
	Durable medical equipment	20% coinsurance	40% coinsurance	obtain <u>preauthorization</u> may result in non-payment of benefits.
				Preauthorization is required except for
	Hospice services	No Charge	Not Covered	pre-hospice consultation. Failure to
				obtain <u>preauthorization</u> may result in non-payment of benefits.
	Children's eye exam	Not Covered	Not Covered	non-payment of benefits.
If your child needs	Children's glasses	Not Covered	Not Covered	None
dental or eye care	Children's dental check-up	Not Covered	Not Covered	
Excluded Services & Otl				
Services Your Plan Gen	erally Does NOT Cover (Check)	your policy or plan document fo	or more information and a list of	of any other <u>excluded services</u> .)
Cosmetic surgery			Private-duty nursing	Routine foot care
	Non-eme	argency care when	, ,	
 Dental care (Adult 		outside the U.S.	Routine eye care (Adult)	Weight loss programs
 Infertility Treatme 	nt			
Other Covered Services	(Limitations may apply to these	e services. This isn't a complete	e list. Please see vour plan doo	cument.)
Acupuncture	Bariatric		Chiropractic Care	Hearing Aids

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <u>cciio.cms.gov</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>HealthCare.gov</u> or call 1-800-318-2596.

* For more information about limitations and exceptions, see the plan or policy document at www.bscabook.com/M0035073_EOC.pdf.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice or assistance, contact: Blue Shield Customer Service at 1-888-256-1915 or the Department of Labor's Employee Benefits Security Administration at **1-866-444-EBSA (3272)** or <u>dol.gov/ebsa/healthreform</u>. Additionally, you can contact the California Department of Managed Health Care Help at 1-888-466-2219 or visit <u>helpline@dmhc.ca.gov</u> or visit <u>http://www.healthhelp.ca.gov</u>.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

English: For assistance in English at no cost, call 1-866-346-7198.

Spanish (Español): Para obtener asistencia en Español sin cargo, llame al 1-866-346-7198.

Tagalog (Tagalog): Kung kailanganninyo ang libreng tulongsa Tagalog tumawag sa 1-866-346-7198.

Chinese (中文): 如果需要中文的免费帮助, 请拨打这个号码1-866-346-7198.

Navajo (Dine): Diné k'ehjí doo bąąh ílínígó shíka' at'oowoł nínízingo, kwiji hodíílnih 1-866-346-7198.

Vietnamese (Tiếng Việt): Đểđược hỗ trợ miễn phí tiếng Việt, vui lòng gọi đến số 1-866-346-7198.

Korean (한국어): 한국어도움이필요하시면, 1-866-346-7198 무료전화 로전화하십시오.

Armenian (Հայերեն)։ Հայերեն լեզվով անվճար օգնություն ստանալու համար խնդրում ենք զանգահարել 1-866-346-7198.

Russian (Русский): если нужна бесплатная помощь на русском языке, то позвоните 1-866-346-7198.

Japanese (日本語):日本語支援が必要な場合1-866-346-7198に電話をかけてください。無料で提供します。

برای دریافت کمک رایگان زبان فارسی، لطفاً با شماره تلفن 7198-346-366-1 تماس بگیرید. : (فارسی) Persian

Punjabi (ਪੰਜਾਬੀ): ਪੰਜਾਬੀ ਵਿਚ ਸਹਾਇਤਾ ਲਈ ਕਿਰਪਾ ਕਰਕੇ 1-866-346-7198 'ਤੇ ਕਾੱਲ ਕਰੋ।

Khmer (ភាសាខ្មែរ)៖ សូមជំនួយភាសាអង់គ្លេសដោយឥតគិតថ្លៃ សូមទាក់ទងមកលេខ 1-866-346-7198។

لحصول على المساعدة في اللغة العربية مجانا، تفضل باتصال على هذا الرقم: 1-866-346-7198. : (العربية) Arabic

Hmong (Hnoob): Xav tau kev pab dawb lub Hmoob, thov hu rau 1-866-346-7198.

Hindi (हिन्दी): हिन्दी में बिना खर्च के सहायता के लिए, 1-866-346-7198 पर कॉल करें।

Thai (ไทย): สำหรับความช่วยเหลือเป็นภาษาไทยโดยไม่มีค่าใช้จ่ายโปรดโทร 1-866-346-7198

Laotian (ພາສາລາວ): ສໍາລັບການຊ່ວຍເຫຼືອເປັນພາສາລາວແບບບໍ່ເສຍຄ່າ, ກະລຸນາໂທ1-866-346-7198.

-To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.-

PRA Disclosure Statement

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

* For more information about limitations and exceptions, see the plan or policy document at <u>www.bscabook.com/M0035073_EOC.pdf</u>.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of <u>participating</u> pre-natal care and a hospital delivery)		Managing Joe's Type 2 Diabetes (a year of routine <u>participating</u> care of a well- controlled condition)		Mia's Simple Fracture (<u>participating</u> emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> <u>coinsurance</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$3,200 20% 20% 20%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist coinsurance</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$3,200 20% 20% 20%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist coinsurance</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$3,200 20% 20% 20%
This EXAMPLE event includes served Specialist office visits (prenatal care) Childbirth/Delivery Professional Served Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blo Specialist visit (anesthesia)	ices	This EXAMPLE event includes servicPrimary care physicianoffice visits (includes a constraint)disease education)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose medical equipment)	cluding	This EXAMPLE event includes served Emergency room care (including means supplies) Diagnostic test (x-ray) Durable medical equipment (crutches Rehabilitation services (physical ther	ical
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
		In this example, Joe would pay:		In this example, Mia would pay:	
n this avample. Pag would nave					
n this example, Peg would pay: Cost Sharing		Cost Sharing		Cost Sharing	
	\$3,200		\$3,200	Cost Sharing	\$2,800
Cost Sharing	\$3,200 \$10	Cost Sharing	\$3,200 \$200		
Cost Sharing Deductibles		Cost Sharing Deductibles		Deductibles	\$(
Cost Sharing Deductibles Copayments	\$10	Cost Sharing Deductibles Copayments	\$200	Deductibles Copayments	\$2,800 \$0 \$0
Cost Sharing Deductibles Copayments Coinsurance	\$10	Cost Sharing Deductibles Copayments Coinsurance	\$200	Deductibles Copayments Coinsurance	\$(



NOTICES AVAILABLE ONLINE

Nondiscrimination and Language Assistance Services

Blue Shield complies with applicable state and federal civil rights laws. We also offer language assistance services at no additional cost.

View our nondiscrimination notice and language assistance notice: **blueshieldca.com/notices**. You can also call for language assistance services: **(866) 346-7198 (TTY: 711)**.

If you are unable to access the website above and would like to receive a copy of the nondiscrimination notice and language assistance notice, please call Customer Care at **(888) 256-3650 (TTY: 711)**.

Servicios de asistencia en idiomas y avisos de no discriminación

Blue Shield cumple con las leyes de derechos civiles federales y estatales aplicables. También, ofrecemos servicios de asistencia en idiomas sin costo adicional.

Vea nuestro aviso de no discriminación y nuestro aviso de asistencia en idiomas en **blueshieldca.com/notices**. Para obtener servicios de asistencia en idiomas, también puede llamar al **(866) 346-7198 (TTY: 711)**.

Si no puede acceder al sitio web que aparece arriba y desea recibir una copia del aviso de no discriminación y del aviso de asistencia en idiomas, llame a Atención al Cliente al (888) 256-3650 (TTY: 711).

非歧視通知和語言協助服務

Blue Shield 遵守適用的州及聯邦政府的民權法。同時,我們免費提供語言協助服務。

如需檢視我司的非歧視通知和語言幫助通知,請造訪 blueshieldca.com/notices。

您還可致電尋求語言協助服務: (866) 346-7198 (TTY: 711)。

如果您無法造訪上述網站,且希望收到一份非歧視通知和語言幫助通知的副本,請致電客戶服務部,電話:(888) 256-3650 (TTY: 711)。